

10.30699/ijmm.17.5.585

Iranian Journal of Medical Microbiology | ISSN:2345-4342

# Phenotypic and Genotypic Analysis of Antibiotic Resistance in *Proteus vulgaris* Isolated from ICU Patients in Baghdad Hospitals

# Suhaib Khalid Ibrahim\*

Department of Anesthesia, College of Health and Medical Techniques, Middle Technical University, Baghdad, Iraq

#### ABSTRACT

Background and Aim: *Proteus vulgaris*, a Gram-negative bacterium, is a common cause of human infections, particularly urinary tract infections (UTIs). This study aimed to assess the multidrug resistance patterns of *Proteus vulgaris* isolated from diverse clinical samples, shedding light on its impact on healthcare-associated infections.

Materials and Methods: In this cross-sectional study, 300 clinical samples were collected, including 100 urine samples, 50 wound samples, 50 vaginal samples, 50 blood cultures, and 50 sputum samples. All samples were selected in the same number (50:50), except the urine samples (100) because the urine samples in this study were more available in the collection from the study patients, which gave more advanced UTIs. Phenotypic and molecular techniques were employed to identify and characterize these bacteria, focusing on detecting resistance genes such as UreC and blaCTX-M.

**Results:** Among the 300 clinical samples, 150 yielded positive cultures for Proteus species. These isolates were obtained from various clinical samples, including 48% from urine, 32% from wounds, 10% from vagina, 8% from blood, and 2% from sputum. Of the 100 P. vulgaris isolates, 88% harbored resistance genes on chromosomal DNA and plasmids. Specifically, 75% carried the UreC gene, and 50% carried the *blaCTX-M* gene. The highest prevalence of these resistant genes was observed in urine and wound pus samples.

**Conclusion:** This study revealed a concerning prevalence of highly resistant multidrug-resistant (MDR) *P. vulgaris* isolates, particularly in female urinary tract infections. The genomic presence of the UreC gene, which encodes the urease enzyme, and the *blaCTX-M* gene, which confers resistance to cefotaxime, underscores the urgency of effective antimicrobial strategies in combating these infections.

Keywords: Proteus vulgaris, Multidrug Resistance, Urinary Tract Infections, UreC Gene, blaCTX-M Gene

	Receive	ed: 2023/06/22;	Accepted: 2023/08/29;	Published Online: 2023/11/29
Corresponding Information: Suhaib Khalid Ibrahim, Department of Anesthesia, College of Health and Medical Techniques, Middle Technical University Baghdad, Iraq Email: <a href="mailto:suhaib.khalid@mtu.edu.iq">suhaib.khalid@mtu.edu.iq</a>				
CC O S	17 0		ess article distributed under the terms of th just in noncommercial usage with proper ci	e Creative Commons Attribution-noncommercial 4.0 International License which tation.

Use a device to scan and read the article online



Khalid Ibrahim S. Phenotypic and Genotypic Analysis of Antibiotic Resistance in *Proteus vulgaris* Isolated from ICU Patients in Baghdad Hospitals. J Med Microbiol. 2023;17(5):585-95.

**Download citation:** <u>BibTeX</u> | <u>RIS</u> | <u>EndNote</u> | <u>Medlars</u> | <u>ProCite</u> | <u>Reference Manager</u> | <u>RefWorks</u> **Send citation to:** <u>Mendeley</u> <u>Zotero</u> <u>RefWorks</u>

# **1. Introduction**

The genus Proteus involves a diverse group of gramnegative bacilli within the Enterobacteriaceae family, characterized by their rod-shaped morphology. These bacteria are ubiquitous in natural environments, including water and soil (1, 2). Among the diseases associated with this bacterial family are bacteremia, wound infections, burns, and nosocomial catheterrelated urinary tract infections. The latter infections involve the colonization of pathogenic bacteria in the urethra, kidney, and bladder, leading to symptoms such as itching and inflammation, often resulting in urethritis and pyelonephritis. Key pathogens responsible for these infections include *Klebsiella pneumoniae*, *Escherichia coli*, *Pseudomonas aeruginosa*, and Proteus species, notably *Proteus mirabilis* and *Proteus vulgaris* (3, 4).

Proteus species, including *P. vulgaris*, have drawn attention due to their ability to develop extensive drug resistance (MDR & XDR) against a wide range of

antibiotics, driven by the emergence of virulenceresistant genes within their genomic DNA. These genes are located on chromosomal and extrachromosomal DNA elements, such as plasmids and mobile genetic elements. Additionally, Proteus species exhibit a high capacity for biofilm production, facilitated by specific biofilm-resistant genes. This biofilm formation enhances their virulence, particularly in chronic infections, rendering these bacteria challenging to treat (5, 6).

Proteus is responsible for Hospital-acquired UTIs in catheterized patients admitted to intensive care units of different Hospitals more than any other Enterobacteriaceae. Urinary tract infections by these bacteria occur due to bacterial movement through the catheter sheath. Other factors that increase the risk of UTI by Proteus species, like female patients, improper catheter cleaning, or long catheterization duration, all these factors may lead to bacterial production of urease enzyme and other virulence factors, which in turn increase antibiotic resistance of bacteria to many drugs, such as Proteus vulgaris which is a significant human pathogen, exhibits various modes of infection and transmission to different sites within the human body, including the urethra, vagina, wounds, sputum, urine, blood and feces. It is pivotal in triggering nosocomial infections in patients with indwelling urinary catheters (7, 8).

Moreover, Proteus species, especially P. vulgaris, have developed new  $\beta$ -lactamase enzymes that confer resistance to  $\beta$ -lactam antibiotics and subsequently to a broad spectrum of antibiotics. This has resulted in a substantial increase in multiple drug-resistant (MDR) cases, particularly in urinary tract infections and other sources of infection (9).

The emergence of extensively drug-resistant (XDR) Proteus species, notably Proteus mirabilis and Proteus vulgaris, can be attributed to acquiring new genetic determinants. These genes equip the bacteria with high resistance levels and the ability to form thick biofilm layers in vivo at various infected sites, such as wounds, urethra, and vaginal tracts, particularly in catheterized patients (10-12). Bacterial biofilms comprise multiple species of microbes that communicate and collaborate to form a complex extracellular polymer matrix composed of polysaccharides, lipids, and proteins. This matrix enhances the adhesion of bacteria to surfaces, including catheters, exacerbating infections (13-15).

Proteus species employ various virulence factors, including swarming phenomena, where bacterial cells elongate into short rods and move collectively from liquid to solid media. Additionally, they produce extracellular enzymes, pili, and the urease enzyme, all of which contribute to their virulence (2, 16, 17). The

genotypic characterization and investigation of Proteus species, notably P. vulgaris, is crucial in identifying virulence-resistant genes on bacterial chromosomes and extra-chromosomal elements responsible for antibiotic resistance and increased infection pathogenicity. These genes are linked to determinants such as swarming phenomena, enzyme production (including genes accountable for urease production like UreA, UreB, and UreC), lipopolysaccharide lipid-A antigens and other factors facilitating attachment and invasion of host cells, thus promoting disease establishment (18-20).

The current study employed phenotypic and genotypic techniques to investigate *P. vulgaris* and its resistant strains isolated from different clinical sources of patients with chronic infections. Our determinants of interest included antibiotic resistance, biofilm formation assays, biochemical tests, complete DNA extraction, purification, and the amplification of UreC and blaCTX-M genes using PCR molecular techniques.

This study aimed to shed light on the mechanisms underlying *Proteus vulgaris*'s multidrug resistance, addressing a critical issue in urinary tract and nosocomial infections. Our study laid the foundation for improved diagnostic and therapeutic strategies to combat these challenging infections.

# 2. Materials and Methods

# **Sample Collection**

In the present cross-sectional study, 300 clinical samples were taken from various sources, including urine, blood, sputum, wound, and vaginal swabs. These samples were collected from patients who attended the Intensive care units (ICU) of ten different Baghdad hospitals by rotation over six months from December 2021 to June 2022, including Baghdad Teaching Hospital in the Medical City and Ibn Sina Hospital. The patients suffered from severe burns and chronic diseases, such as *Diabetes mellitus*, accompanied by severe catheterized urinary tract infections.

# Bacteriological Culture and Identification

All clinical samples were cultured on specialized bacteriological culture media, including blood agar and MacConkey agar, following the manufacturer's guidelines (Salucea VOF Dutch technology in life science). These culture plates were then incubated at 37°C in a laboratory incubator. *Proteus vulgaris* colonies on MacConkey's agar showed non-lactose fermentation while swarming phenomena were observed on blood agar (Figure 1).



Figure 1. Proteus spp. Colonies with swarming growth on blood agar (a) and non-lactose fermenter Proteus spp. on MacConkey agar (b)

### **Biochemical Testing**

Biochemical tests were performed on all *P. vulgaris* isolates, including oxidase, catalase, urease, H2S production, motility, citrate, and indole tests. These tests aimed to differentiate between indole-positive *P. vulgaris* and indole-negative *P. mirabilis* and exclude other Proteus species (21-23).

#### **Antimicrobial Sensitivity Testing**

The antibiotic susceptibility of all *P. vulgaris* isolates was determined using Kirby-Bauer disc diffusion methods with 20 different antibiotic discs from

Biomerieux (USA). The isolates were standardized to 0.5 McFarland turbidity standard containing 1x108 CFU/ml for uniformity. The antibiotic discs were placed on Muller Hinton agar plates, then incubated at 35°C for 18 hours (Figure 2). The specific antibiotics used in this study were Amikacin, Gentamycin, Ampicillin, Imipenem, Meropenem, Tetracycline, Tobramycin, Doxycycline, Ciprofloxacin, Levofloxacin, Azithromycin, Piperacillin, Cefotaxime, Trimethoprim/sulfamethoxazole, Calvulanic acid, Cefoxitin, Ceftriaxone, Aztreonam, Cefepime, and Chloramphenicol. The antibiotic susceptibility was determined following CLSI criteria (24-26).



**Figure 2.** Antibiotic sensitivity tests of selected antibiotic discs on cultured *Proteus vulgaris* isolates; this is a simplified and illustrative image only to express the sensitivity test for the isolated bacteria, where the zone of inhibition was measured using a special graduated ruler and compared with the standard results of the CLSI reference.

#### **Biofilm Assay Method**

Biofilm formation by *P. vulgaris* isolates was quantitatively assessed using the tissue culture plate method with modifications (<u>Figure 3</u>); this figure about biofilm assay test in tissue culture plate method

is needed to demonstrate the initial and final step of bacterial biofilm formation in vitro depending on its color changes. Isolates were cultured in a Tryptic Soy Broth (TSB) medium with the addition of 2% glucose to enhance biofilm production. After incubation, the biofilm formed in microtiter plates was measured by optical density (OD) at 580 nm wavelength using an ELISA microtiter plate reader (27). Based on absorbance values, biofilm strength was categorized

as weak, moderate, or firm. The cutoff limit of *P. vulgaris* biofilm is listed in (<u>Table 1</u>).



Figure 3. Biofilm assay for cultured isolates in the initial step (a) and final step (b)

#### Table 1. Cutoff limit of P. vulgaris biofilm

Biofilm strength	Cutoff	Weak biofilm	Moderate biofilm	Strong biofilm
O.D. limit absorbance	≤100 nm	100-149 nm	150-200 nm	>200 nm

#### **Molecular Detection of Proteus vulgaris**

Genomic DNA was extracted and purified from 100 positive cultures of *Proteus vulgaris* isolates. This was followed by detecting resistance genes (*UreC* and *blaCTX-M*) on the whole bacterial chromosomes using conventional PCR techniques with designed primers from Alpha DNA Canada.

#### **Genomic DNA Extraction and Purification**

Genomic DNA was extracted from *P. vulgaris* isolates grown in brain heart infusion broth (BHI) at 37°C for 24 hours. DNA purity and concentrations were determined using a Nanodrop instrument, ensuring an optical density (OD) ratio of ~1.8 at 260/280 nm (Table 2).

Sample ID	Abs. 260	Abs. 280	260/280	Conc. (ng/ul)	Sample Type
1	1.164	0.607	1.92	58.2	dsDNA
2	1.817	0.994	1.83	90.9	dsDNA
3	1.620	0.824	1.97	81.0	dsDNA
4	1.650	0.852	1.94	82.5	dsDNA
5	2.761	1.736	1.59	138.0	dsDNA

### Table 2. DNA purity of the selected samples by Nanodrop

### **Amplification of Target Genes by Conventional PCR**

Conventional PCR was used to amplify resistance genes in *P. vulgaris*, specifically the UreC (263 bp) and blaCTX-M (550 bp) genes, based on previous studies were used as references in this study for primer design (Samira Fattah Hamid *et al.*, Kamil and Jarjes), the

nucleotide sequence of each type of primer for each gene was sent to a private Company in Baghdad. This company deals with Alpha DNA Company in Canada to design the primers for the study for 0.9\$ for each nitrogenous base (28-30). DNA and PCR products were analyzed by 1% agarose gel electrophoresis and visualized under a UV-trans illuminator (Table 3).

Table 3. PCR-specific primer sequences of amplified target genes

Target gene		Nucleotide sequences (5' to 3')	Amplicon (bp)	Reference
UreC	F:	CGTTTGCGATGGCAAGTACAAGTAAG	263	(28)
Urec	R:	GCAAATTGAGTGACTTTGGCTGGACC	205	(28)
Dia.	F:	CGCTTTGCGATGTGCAC	550	(20)
ВІастх-м	R:	ACCGCGATATCGTTGGT	550	(30)

#### **Statistical Analysis**

Statistical analysis was carried out using SPSS version 22.0. The frequency of *Proteus vulgaris* isolated from different clinical samples was analyzed using chi-square tests. p-values were used to determine statistical significance, with p $\leq$ 0.05 indicating significant, p>0.05 non-significant, and p  $\leq$  0.01 highly significant.

# 3. Results

The study included 100 positive *P. vulgaris* isolates obtained from various clinical sources of patients of different ages and genders. The most prevalent rate of isolates (40%) was found in the age group 40-49 years, comprising 40 females and 10 males. A similar distribution was observed for *P. mirabilis* isolates in the same age group, with a non-significant correlation (p > 0.05) (Table 4).

 Table 4. Demographic distribution of isolates according to age groups

Age range	Gen	Gender		P. mirabilis	n voluo
	Male	Female	Isolates	Isolates	p-value
20-29	20	30	10 (10%)	4 (8%)	
30-39	22	28	12 (12%)	5 (10%)	
40-49	10	40	40 (40%)	20 (40%)	
50-59	15	35	15 (15%)	10 (20%)	>0.05 NS*
60-69	25	25	15 (15%)	7 (14%)	
>69	27	23	8 (8%)	4 (8%)	
Total	119 (40%)	181 (60%)	100 (100%)	50 (100%)	

\* p-value >0.05 is considered statistically non- significant (NS)

Among the 300 clinical samples, 150 showed positive cultures for Proteus species (100 positive for *P. vulgaris* and 50 positive for *P. mirabilis*). Urine samples constituted the predominant source, with 50% positive isolates for *P. vulgaris* and 22% positive

isolates for *P. mirabilis*. Wound pus was the second most frequent source, accounting for 30% of positive *P. vulgaris* isolates and 18% of positive *P. mirabilis* isolates, with statistically non-significant differences (p > 0.05) (Table 5).

Table 5. Distribution of Proteus species isolated from different clinical samples

Specimens	Frequency	P. vulgaris	P. mirabilis	Total culture	p-value
Urine	100	50(50%)	22(22%)	72(48%)	
Wounds	50	30(30%)	18(18%)	48(32%)	
Vagina	50	10(10%)	5(5%)	15(10%)	
Blood	50	8(8%)	4(4%)	12(8%)	>0.05 NS*
Sputum	50	2(2%)	1(1%)	3(2%)	-
Total	300	100(100%)	50(50%)	150(100%)	

\* *p-value* >0.05 considered statistically non-significant (NS)

Biochemical screening tests demonstrated that *P. vulgaris* isolates showed positive indole results, while *P. mirabilis* showed negative indole results. The isolates of *P. vulgaris* showed positive citrate test

results, while the *P. mirabilis* species showed variable citrate test results, which served to distinguish between the two Proteus species in the study (<u>Table 6</u>).

Tests	Indole	VP	Citrate	MR	Urease	Oxidase	Catalase
P. vulgaris	Positive	Negative	Positive	Positive	Positive	Negative	Positive
P. mirabilis	Negative	Negative	Variable	Positive	Positive	Negative	Positive

The antibiotic resistance analysis of 150 positive Proteus species isolates from different clinical sources (100 *P. vulgaris* and 50 *P. mirabilis*) revealed high antibiotic resistance among *P. vulgaris* isolates, with resistance observed against approximately 16 out of 20 antibiotic discs, indicating multidrug resistance (MDR) and possible extensive drug resistance (XDR). *P.*  *vulgaris* isolates exhibited higher antibiotic resistance compared to other Proteus species in the study, with complete resistance (100%) to clavulanic acid, 95% to doxycycline, 91% to cefoxitin, 90% to ampicillin, tetracycline and cefepime. The differences in antibiotic resistance between the two Proteus species were highly significant (p < 0.001) (Table 7).

Table 7. Antibiotic resistance percentage of Proteus species

6		Resistance percentage		
Antibiotic	Dose (µg)	P. vulgaris	P. mirabilis	p-value
Amikacin (AK)	30	77%	57%	
Gentamycin (GM)	10	82%	61%	
Ampicillin (AM)	15	90%	55%	
Imipenem (IPM)	10	12%	3%	
Meropenem (MEM)	10	11%	1%	
Tetracycline (TET)	30	90%	38%	
Tobramycin (TM)	15	80%	28%	
Doxycycline (DOX)	25	95%	80%	
Ciprofloxacin (CIP)	10	72%	40%	
Levofloxacin (LEV)	10	55%	22%	0.001HS*
Azithromycin (AZM)	15	18%	10%	0.001H3
Piperacillin (PIP)	100	22%	9%	
Cefotaxime (CTX)	30	88%	64%	
Cotrimox (COT)	10	77%	46%	
Clavulanic acid (CA)	15	100%	90%	
Cefoxitin (CX)	30	91%	70%	
Ceftriaxone (CTR)	30	73%	65%	
Aztreonam (AZM)	10	49%	20%	
Cefepime (CEF)	30	90%	58%	
Chloramphenicol (CHL)	30	79%	70%	

\*p-value ≤0.01 is considered highly significant (HS)

Biofilm formation ability among all Proteus species isolates was assessed, indicating a high capacity for strong biofilm production, particularly in *P. vulgaris* 

isolates (70%) and *P. mirabilis* (50%). This association was highly significant (p = 0.01) (<u>Table 8</u>).

Table 8. Biofilm production of all Proteus isolates regarding cutoff value (≤ 100 nm)

Biofilm strength	Non-biofilm	Weak	Moderate	Strong	Total culture
P. vulgaris	5 (5%)	8 (8%)	17 (17%)	70 (70%)	100 (100%)
P. mirabilis	7 (14%)	8 (16%)	10 (20%)	25 (50%)	50 (100%)
p-value			0.01HS*		

\**p-value* ≤0.01 is considered highly significant (HS)

All 20 types of traditional antibiotics in the study were intended to determine these isolated bacteria' resistance rate to several types of antibiotics according to CLSI standards. Therefore, they were used to compare the rate of resistance of bacteria to antibiotics (MDR and XDR) with other determinants, such as the strength of the bacterial biofilm formation. The study also showed a significant association between solid biofilm formation and increased antibiotic resistance among Proteus species, as 70% of *P. vulgaris* isolates exhibited strong biofilm production, correlated with high resistance (70-100%) to 14 antibiotics. In contrast, only 10% of strong biofilm producers were observed among *P. mirabilis* isolates, and these isolates exhibited high resistance (70-100%) to only four antibiotics. This association was highly significant (p < 0.000) (Table 9).

Table 9. Association between antibiotic resistance and strong biofilm production for all Proteus isolates

Antibiotic R %	No. antibiotics	P. vulgaris No. (%)	P. mirabilis No. (%)	p-value
(50-69) %	20	1 (5%)	6 (30%)	
(70-100) %	20	14 (70%)	4 (10%)	0.00 HS*
(R/biofilm) %		15 (75%)	10 (40%)	

*\*p-value* ≤0.01 is highly significant (HS), R= resistance.

PCR analysis of targeted genes in 100 *Proteus vulgaris* isolates revealed that 75% had positive UreC genes and 50% had positive CTX-M genes when amplified by PCR and analyzed by agarose gel electrophoresis. Among the clinical sources, urine

samples showed the highest UreC (50%) and CTX-M (33%) genes distribution. Wound pus samples contained approximately 22% UreC and 12% CTX-M genes with a non-significant difference in gene distribution (p > 0.05) (Figures 4 and 5) (Table 10).

Table 10. PCR of P. vulgaris target genes according to sample types

Sample	Frequency	UreC [No. (%)]	BlaCTX-M [No. (%)]	p-value
Urine	50	50(50%)	33(33%)	
Wounds	30	22(22%)	12(12%)	
Vagina	10	2(2%)	3(3%)	0.71 NS*
Blood	8	1(1%)	2(2%)	0.71 NS
Sputum	2	0	0	
Total	100	75(75%)	50(50%)	

\* *p-value* >0.05 is considered statistically non- significant (NS)



**Figure 4.** Amplification of UreC genes of *P. vulgaris* DNA isolated from urine samples. Lane L: Molecular Ladder (100 bp), Lane 1-7: PCR products of amplified 263 bp UreC Genes, Lanes 8-12: Negative PCR products.



**Figure 5.** Amplification of Beta-Lactamase CTX-M genes in *P. vulgaris* DNA isolated from urine samples. Lane L: Molecular Ladder (100 bp), Lanes 1-8: PCR products of amplified 550 bp CTX-M genes, Lanes 9-12: Negative PCR products.

# 4. Discussion

Proteus species are globally recognized as opportunistic pathogens responsible for severe inflammatory urinary and nephritis diseases. They rank as the third most common cause of urinary tract infections (UTIs), closely behind *Escherichia coli* and *Klebsiella* (**19, 31, 32**). In our study, which included 300 samples collected from diverse clinical sources of medical significance, we aimed to shed light on several

critical aspects of Proteus infections. Our findings enhanced our understanding of these pathogens and offered valuable insights into their clinical implications.

Results of our study revealed a notable gender distribution, with males comprising 40% of the participants and females comprising 60%. This discrepancy in gender distribution was different from the study by P. Snega Priya, who found that males accounted for 65% and females 35% among 100 study samples, which can be attributed to our random sample collection approach (33). While gender distribution was not the primary focus of our study, it is worth mentioning that such variation can influence susceptibility to infections and potentially affect the study outcomes. Further investigations are required to explore the underlying factors contributing to this gender distribution discrepancy and its potential implications for Proteus infections.

The patients' ages ranged between 20-69 years in our study and were categorized into six age groups. It was shown that Proteus vulgaris was the predominant isolate in the age groups 40-49 and 50-59 years. These findings agreed with the results of Pal and Sharma (34). Their study demonstrated a higher prevalence of Proteus species among individuals aged 20-49, accounting for approximately 75% of their 101 samples (34). This suggests that specific age groups may be more nosocomial contamination, susceptible to а phenomenon worthy of further investigation. Agerelated patterns are crucial in the epidemiology of infectious diseases, and understanding these patterns is pivotal for designing targeted preventive measures.

In our study, Proteus species were predominantly isolated from clinically significant samples, with urine and wound pus being the most common sources. *Proteus vulgaris* was the most frequently isolated species in our study, particularly in urine samples (50%) and wound pus (30%). These findings are the same as those of Shamsuzzaman *et al.*, who reported a high incidence of Proteus species in urine (72%) and wound samples (72.9%) (**35**). However, these results were contrary to the findings of Nita Pal, where the wound samples were the primary source of Proteus isolates (16%) (**34**). These disparities emphasize the importance of urine as a significant reservoir of *P. vulgaris*, particularly in urinary tract infections (UTIs).

Our study revealed a concerning antibiotic resistance pattern in *Proteus vulgaris* isolates, characterized by multi-drug resistance (MDR). High antibiotic resistance levels to many antibiotics were reported in this study due to these bacteria being gram-negative and having several genetic and antigenic determinants on their cell wall and chromosomal DNA like lipopolysaccharide, antibiotic resistance gene to cefotaxime and other virulence factors that contribute to their high rate of multiple antibiotic resistance. Among the 20 narrow and broad-spectrum antibiotics tested, P. vulgaris isolates showed resistance to 14 types (70%). The most resistant antibiotics in our study were clavulanic acid (100%), doxycycline (95%), cefoxitin (91%), ampicillin (90%), tetracycline (90%) and cefepime (90%). However, Proteus mirabilis isolates demonstrated lower resistance rates, with only four antibiotics (10%) exhibiting high resistance. These findings aligned with the study conducted by Fm and Se, who highlighted MDR patterns in Proteus species and showed that the high resistance rates were the antibiotics tetracycline (100%), ampicillin (85%), cotrimoxazole (78.8%) and chloramphenicol (72.2%) (36). However, our results diverged from those of Habibi et al., who reported lower resistance rates in Proteus species to chloramphenicol (25%), tetracycline (33%), ciprofloxacin (38%) and amikacin (12%), among others (33). These disparities underscore the variability in antibiotic resistance patterns among Proteus species and emphasize the need for further studies to elucidate contributing factors.

Biofilm formation, a critical virulence factor, was evaluated in our study. *Proteus vulgaris* exhibited a notably higher capacity for strong biofilm production (70%) than *Proteus mirabilis* (50%). Biofilm formation is known to contribute to antibiotic resistance, and our results align with a previous study by Wasfi and El-Rahman *et al.*, who revealed a strong correlation between antibiotic resistance and strong biofilm formation ability in Proteus isolates (**37**). These findings underscore the clinical implications of biofilm production in Proteus species, particularly *P. vulgaris*, and its potential impact on antibiotic treatment outcomes.

Our genetic analysis focused on UreC and βlactamase CTX-M genes in Proteus vulgaris, revealing their presence in various clinical samples. UreC genes were detected in 75% of isolates, while 50% of the isolates contained CTX-M genes, with a higher prevalence in urine samples. These genetic characteristics are consistent with the study by Passat *et al.*, who demonstrated the presence of  $\beta$ -lactamase genes for cefotaxime resistance (CTX-M) in Proteus species (38). Furthermore, our study detected the UreC gene in all bacterial DNA isolated from different clinical samples, which aligns with the findings of Bahashwan and El Shafey et al. (26). However, these results did not agree with the study by Hamid and Taha, who reported a lower prevalence of β-lactamase CTX-M genes in Proteus species (39). Virulenceresistant genes of P. vulgaris in this study, like CTX-M and others, are very important in the acquisition of this bacteria to many antigenic determinants on its DNA that contribute to its multiple drug resistance of many antibiotics used for the treatment of UTIs. These genetic findings underscore the clinical relevance of specific genes in Proteus infections and warrant further investigations into their impact on patient outcomes and treatment strategies.

# 5. Conclusion

Our study highlighted significant multi-drug resistance (MDR) in Proteus species, particularly *P. vulgaris,* in patients with urinary tract and other infections, primarily in urine and wound samples. Biofilm formation, notably in *P. vulgaris,* contributed to antibiotic resistance. Effective antibiotics, such as imipenem, meropenem, and piperacillin, remain crucial for treatment. PCR analysis revealed prevalent UreC and CTX-M resistant genes in *P. vulgaris,* particularly in urine samples. These findings underscore the use of other types of effective antibiotics in treating such infections, recognizing biofilm-related resistance, and

# Reference

- O'Hara Caroline M, Brenner Frances W, Miller JM. Classification, Identification, and Clinical Significance of Proteus, Providencia, and Morganella. Clin Microbiol Rev. 2000;13(4):534-46. [DOI:10.1128/CMR.13.4.534] [PMID] [PMCID]
- Różalski A, Torzewska A, Moryl M, Iwona K, Agnieszka M, Kinga O, et al. Proteus sp.-an opportunistic bacterial pathogen-classification, swarming growth, clinical significance and virulence factors. Acta Univ Lodz Folia Biol Oecol. 2013;(8):1-17. [DOI:10.2478/fobio-2013-0001]
- Chen SL, Jackson SL, Boyko EJ. Diabetes Mellitus and Urinary Tract Infection: Epidemiology, Pathogenesis and Proposed Studies in Animal Models. J Urol. 2009;182(6, Supplement):S51-S6. [DOI:10.1016/j.juro.2009.07.090] [PMCID]
- Foxman B. Urinary tract infection syndromes: occurrence, recurrence, bacteriology, risk factors, and disease burden. Clin Infect Dis. 2014;28(1):1-13. [DOI:10.1016/j.idc.2013.09.003] [PMID]
- Nikaido H. Multidrug Resistance in Bacteria. Annu Rev Biochem. 2009;78(1):119-46. [PMID] [PMCID] [DOI:10.1146/annurev.biochem.78.082907.145923]
- Georgios M, Egki T, Effrosyni S. Phenotypic and molecular methods for the detection of antibiotic resistance mechanisms in Gram negative nosocomial pathogens. Trends in infectious diseases. 2014. p. 139-62. [DOI:10.5772/57582]
- 7. Al-Bassam WW, Al-Kazaz A-K. The isolation and characterization of Proteus mirabilis from different

further research to address the clinical implications of these resilient pathogens.

# Acknowledgment

The author is thankful to the Ministry of Health, Iraq, the consultant clinic and laboratories of Baghdad Teaching Hospital in Medical City, and especially to Ibn-Sina Hospital for their cooperation in accomplishing this study.

# **Conflict of Interest**

The authors declare no conflict of interest.

# Funding

None.

clinical samples. J Biotech Res Cen. 2013;7(2):24-30. [DOI:10.24126/jobrc.2013.7.2.261]

- Pandey JK, Narayan A, Tyagi S. Prevalence of Proteus species in clinical samples, antibiotic sensitivity pattern and ESBL production. Int J Curr Microbiol Appl Sci. 2013;2(10):253-61.
- Sohn KM, Kang CI, Joo EJ, Ha YE, Chung DR, Peck KR, et al. Epidemiology of ciprofloxacin resistance and its relationship to extended-spectrum βlactamase production in Proteus mirabilis bacteremia. Korean J Intern Med. 2011;26(1):89-93. [DOI:10.3904/kjim.2011.26.1.89] [PMID] [PMCID]
- Hall-Stoodley L, Stoodley P. Evolving concepts in biofilm infections. Cell Microbiol. 2009;11(7):1034-43. [DOI:10.1111/j.1462-5822.2009.01323.x] [PMID]
- Ghaima KK, Hamid HH, Hassan SF. Biofilm formation, Antibiotic resistance and Detection of mannose-resistant Proteus-like (MR/P) fimbriae genes in Proteus mirabilis isolated from UTI. Int J Chemtech Res. 2017;10(5):964-71.
- Jones SM, Yerly J, Hu Y, Ceri H, Martinuzzi R. Structure of Proteus mirabilis biofilms grown in artificial urine and standard laboratory media. FEMS Microbiol Lett. 2007;268(1):16-21.
   [DOI:10.1111/j.1574-6968.2006.00587.x] [PMID]
- O'Toole G, Kaplan HB, Kolter R. Biofilm Formation as Microbial Development. Annu Rev Microbiol. 2000;54(1):49-79.
   [DOI:10.1146/annurev.micro.54.1.49] [PMID]

- Flemming H-C, Wingender J. The biofilm matrix. Nat Rev Microbiol. 2010;8(9):623-33.
   [DOI:10.1038/nrmicro2415] [PMID]
- Al-Sarray AJ, Al-Mussawi IM, Al-Noor TH, Abu-Zaid Y. Organo-Clay Composites of Intercalated 4-Methylaniline and Its Schiff Base Derivative: Preparation and Characterization. J Med Chem Sci. 2022;5(6):1094-101.
- Jacobsen SM, Stickler DJ, Mobley HL, Shirtliff ME. Complicated catheter-associated urinary tract infections due to Escherichia coli and Proteus mirabilis. Clin Microbiol Rev. 2008;21(1):26-59. [DOI:10.1128/CMR.00019-07] [PMID] [PMCID]
- Mishra M, Thakar YS, Pathak AA. Haemagglutination, Haemolysin Production And Serum Resistance of Proteus and Related Species Isolated From Clinical Sources. Indian J Med Microbiol. 2001;19(2):5-11. [DOI:10.1016/S0255-0857(21)03364-8] [PMID]
- Apos, Hara CM, Brenner FW, Steigerwalt AG, Hill BC, Holmes B, et al. Classification of Proteus vulgaris biogroup 3 with recognition of Proteus hauseri sp. nov., nom. rev. and unnamed Proteus genomospecies 4, 5 and 6. Int J Sys Evol Microbiol. 2000;50(5):1869-75. [PMID] [DOI:10.1099/00207713-50-5-1869]
- Obadire SO, Mitsan O, Ip U. Prevalence and Antibiotic Susceptibility Pattern of Proteus Species Isolated from Clinical Specimens from Selected Hospitals in Jigawa State, North-West Nigeria. Sokoto j Med Iab Sci. 2022;7(4):27-34.
   [DOI:10.4314/sokjmls.v7i4.3]
- 20. Al-Sarray AJA. Molecular and electronic properties of Schiff bases derived from different aniline derivatives: density functional theory study. Eurasian Chem Commun. 2023;5(4):317-26.
- 21. Collee JG, Miles RS, Watt B. Tests for identification of bacteria. Mackie and McCartney practical medical microbiology1996. p. 131-49.
- Al-Sarray AJA, Al-Kayat T, Mohammed BM, Al-assadi MJB, Abu-Zaid Y. Dielectric and Electrical Properties of Intercalated 1-(4-nitrophenyl)-N-(p-tolyl) methanimine into the Interlayers of Bentonite Clay. J Med Chem Sci. 2022;5(7):1321-30.
- Koneman E, Allen S, Janda W, Schreckenberger P, Winn W. The enterobacteriaceae. Color atlas and textbook of diagnostic microbiology. 51997. p. 211-302.
- Bauer AW, Kirby WMM, Sherris JC, Turck M. Antibiotic susceptibility testing by a standardized single disk method. Am J Clin Pathol. 1966;

45(4\_ts):493-6. [DOI:10.1093/ajcp/45.4 ts.493] [PMID]

- 25. Wayne PA. Clinical and laboratory standards institute (CLSI). Performance standards for antimicrobial susceptibility testing. 2015.
- 26. Bahashwan SA, El Shafey HM. Antimicrobial resistance patterns of Proteus isolates from clinical specimens. Eur Sci J. 2013;9(27):57-63.
- StepanoviĆ S, VukoviĆ D, Hola V, Bonaventura GD, DjukiĆ S, ĆIrkoviĆ I, et al. Quantification of biofilm in microtiter plates: overview of testing conditions and practical recommendations for assessment of biofilm production by staphylococci. APMIS. 2007; 115(8):891-9. [PMID] [DOI:10.1111/j.1600-0463.2007.apm 630.x]
- 28. kadhim Al-Imam MJ, Al-Rubaii BAL. The influence of some amino acids, vitamins and antiinflammatory drugs on activity of chondroitinase produced by Proteus vulgaris caused urinary tract infection. Iraqi J Sci. 2016;57:2412-21.
- Kamil TD, Jarjes SF. Molecular Characterization of Proteus spp. from patients admitted to hospitals in Erbil City. Polytech J. 2021;11(2):95-9.
   [DOI:10.25156/ptj.v11n2y2021.pp95-99]
- Ahmed OB, Asghar AH, Bahwerth FS. Prevalence of ESBL genes of Pseudomonas aeruginosa strains isolated from Makkah Hospitals, Saudi Arabia. Euro J Biol Med Sci Res. 2015;3(6):12-8.
- Prasad RR, Shree V, Sagar S, Kumar S, Kumar P. Prevalence and antimicrobial susceptibility pattern of Proteus species in clinical samples. Int J Curr Microbiol App Sci. 2016;5(4):962-8. [DOI:10.20546/ijcmas.2016.504.109]
- 32. Al Kady LM, El Toukhy MAEH, El Shafie MAER, Mohammed HAEA, Mohammed Saber NI. Asymptomatic urinary tract infection by proteus mirabilis in rheumatoid arthritis patients. Zagazig Univ Med J. 2019;25(6):928-34. [DOI:10.21608/zumj.2019.10802.11360]
- Mirzaei A, Habibi M, Bouzari S, Asadi Karam MR. Characterization of Antibiotic-Susceptibility Patterns, Virulence Factor Profiles and Clonal Relatedness in Proteus mirabilis Isolates from Patients with Urinary Tract Infection in Iran. Infect Drug Resist. 2019;12(null):3967-79.
   [DOI:10.2147/IDR.S230303] [PMID] [PMCID]
- Pal N, Sharma N, Sharma R, Hooja S, Maheshwari RK. Prevalence of multidrug (MDR) and extensively drug resistant (XDR) Proteus species in a tertiary care hospital, India. Int J Curr Microbiol Appl Sci. 2014;3:243-52.

- 35. Mishu NJ, Shamsuzzaman SM, Khaleduzzaman HM, Nabonee MA. Nigha zannat dola, Azmeri haque. Association between Biofilm Formation and Virulence Genes Expression and Antibiotic Resistance Pattern in Proteus mirabilis, Isolated from Patients of Dhaka Medical College Hospital. Arch Clin Biomed Res. 2022;6:418-34.
- Fm S, Se G, Ha A. Antimicrobial resistance of clinical Proteus mirabilis isolated from different sources. Zagazig j Pharm Sci. 2018;27(1):57-63.
   [DOI:10.21608/zjps.2018.38156]
- 37. Wasfi R, El-Rahman OAA, Mansour LE, Hanora AS, Hashem AM, Ashour MS. Antimicrobial activities

against biofilm formed by Proteus mirabilis isolates from wound and urinary tract infections. Indian J Med Microbiol. 2012;30(1):76-80. [DOI:10.4103/0255-0857.93044] [PMID]

- Passat DNF. Local Study of blaCTX-M genes detection in Proteus spp. by using PCR technique. Iraqi J Sci. 2016;57((2C)):1371-6.
- Hamid SF, Taha AB, Abdulwahid MJ. Distribution of blaTEM, blaSHV, blaCTX-M, blaOXA, and blaDHA in Proteus mirabilis Isolated from Diabetic Foot Infections in Erbil, Iraq. Cell Mol Biol. 2020;66(1): 88-94. [DOI:10.14715/cmb/2019.66.1.15]